

Shakti or 'strength' is a comprehensive training manual to address incidents of violence on women and girls with disabilities. The idea regarding this manual was born from the increased violence on girls and women in general. Women and girl with disabilities are no exceptions, in fact, they are more vulnerable.

The idea of a training manual addressing gender based violence on girls and women with disabilities emerged from the realization that girls and women with disabilities were somewhat isolated from the mainstream women's movement. Hence the idea behind the manual was to blend the issues and specific concerns of girls and women with disabilities into the arena of combating gender-based violence.

The chapters are as follows:

Chapter 1 - Understanding Disability and Gender

Chapter 2 – Human Rights

Chapter 3 – Sexuality

Chapter 4 – Gender-based Violence

The training manual provides step by step guidance for any group wanting to work with girls and women with disabilities. The activities state the specific objectives behind each activity and also the approximate time frame.

This manual is the outcome of a one-year collaborative project between Indian Institute of Cerebral Palsy (IICP) Swayam, Kolkata and Women Enabled International, USA supported by Mobility International, USA (MIUSA) and the US Dept of State.

**Limited number of copies of this manual is available at Indian Institute of Cerebral Palsy priced at Rs 100/-**